

ADI Project: Child Nutrition Initiative

Target: Mothers with children 6 months to 5 years of age

Location: Nouakchott, Mauritania

ADI provides direct food relief for children aged 6 months to five years. While food is prepared and served to the children, nutrition and health education is conducted for the mothers of these children. The program asks mothers to commit to attend 12 training sessions conducted in a community home over a two-week period. By screening for at risk children, the project offers a direct response to undernutrition. By educating mothers on best practices for hygiene, health, child nutrition, and parenting methods, the project works for long-term, sustained improvements in child welfare. This two year nutrition project responds to the personal request of the mayor of Toujounine that a nutrition project be planted into the poorest sector of the community that he serves. This initiative is patterned after a successful Nutrition/Education Project for Saadah, Toujounine that began in 2006 and proved to be successful.



Mothers and children attend 12 training sessions over a two-week period.



Volunteers track each child's height and weight.



At each meeting, ADI's nutritionist gives a presentation on health and hygiene.



Sometimes training meetings take place in a tent outside the host family's one-room house.